

QUARTERLY NEWSLETTER: Jan/Mar 2018

NEWS

SANDS CHRISTMAS SERVICE

A big thank you to Mark Rodgers and James Falconer for the lovely but emotional service again this year. We raised £329 from donations for Christmas Cards this year.

WEBSITE

Our website provides a great deal of information on the support we offer. The new website address is www.aberdeen-sands.org. Anyone with anything else we should add please advise.

BEFRIENDERS

Congratulations to Rebekah MacKenzie and Sandra Stephen on passing their befriender training course.

MAIN SUPPORT MEETING VENUES

We would like to thank the Sportsman's Club for the use of their premises for our monthly support meetings. The room we have is suitable, and parking is easy.

Contact Persons

CHAIRPERSON: Fiona Donald
SECRETARY: Susan Forsyth
TREASURER: Heather Robb
ANNIVERSARY CARDS: Pamela Styles
BEFRIENDER CO-ORDINATOR: Fiona Donald
RUBISLAW LIASON: Sandra Stephen
MEMORY POCKETS: Marjory Simpson
HELPLINE ROTA: Fiona Donald
WEBSITE: Sandra Stephen & Jennifer Maitland



BEREAVEMENT TRAINING FOR PROFESSIONALS

Thank you to Sandra and Sonia who told their story at a Bereavement Training day back in September. We have four Bereavement Training sessions taking place in 2018, the first in February. These are funded by a donation we received from Apache of £4665.00.

SCOTTISH PARLIAMENT BABY LOSS CANDLE EVENT

Fiona Donald attended the Scottish Parliament for Baby Loss Awareness Week in October representing Aberdeen Sands. The event was sponsored by Jeremy Balfour MSP and organised by Nicola Welsh the CEO of Sands Lothian. All the Scottish Groups and MSP's were invited along to hear from Nicola, Clea Harmer, the CEO National Sands and bereaved parents of Lothian Sands on the importance of baby loss care improvement. All bereaved parents lit a candle to remember their precious babies.





BABYLOSS BUILDING LIT UP IN ABERDEEN

We would like to thank His Majesty's Theatre, Marischal College and RGU whom lit up areas of their building in pink and purple to raise awareness of baby loss, during Baby Loss Awareness week.



RGU TALK 'A PARENTS PERSPECTIVE'

Thank you to Sonia Gow once again who performed her talk to 2nd year Midwifery students at RGU in January. It was well attended by the students and many interesting questions were asked. We handed out 'Guidelines for Professionals' books to all attendees.

RGU Midwifery Society asked Fiona Donald and Susan Forsyth to attend their informal meeting and talk about the support Aberdeen SANDS offers bereaved parents and families. Thank you to the society for asking us and therefore raising awareness of our group.

BEREAVEMENT TRAINING AT RGU

Thank you to Sandra for telling her story and raising awareness of SANDS to the 1st Year student Midwives.

ANNIVERSARY CARDS

Should you wish a card on the anniversary of your baby's death, please send your name, address, along with your baby's name and date of passing to help@aberdeen-sands.org.

Youth and Philanthropy Initiative (YPI)



YPI Ellon Academy.

We would like to thank Rhys Jones and his school friends for choosing Aberdeen SANDS as their charity for the YPI project and well done for getting into the schools final. It was a lovely musical presentation and we are sorry you didn't win. Thank you for raising awareness of our charity and all the best for your futures when you leave school in the summer.

YPI Mackie Academy, Stonehaven.

We would like to thank Rona Shearer and Erin Beattie for choosing and raising awareness of Aberdeen SANDS, whilst performing their presentation of SANDS and well done for getting into the final of their schools YPI project. We are sorry you didn't win. Thank you and good luck for the fundraising events they have planned over the next few months, for our group.



YPI Peterhead Academy

We would like to thank Siobhan Tocher and her school friends for choosing Aberdeen SANDS as their charity for the YPI project, well done for getting into the final and for coming second. Thank you also for raising awareness of the support we offer and we received £1000.00 from the Academy from a donation and raffling a Christmas Hamper.

Events

SANDS/BLISS CONFERENCE IN BIRMINGHAM

Aberdeen SANDS funded two professional to attend this important conference in Birmingham.

DATE FOR THE DIARY-BEETLE DRIVE

Our annual Beetle Drive will take place 1st June 2018 at Airyhall Community Centre at 7.15pm prompt. All SANDS parents please take a raffle prize and some home bakes. It is a great night having fun whilst raising money for our group.

MATERNITY LIASON COMMITTEE

The committee continues to meet with Fiona Donald and Susan Forsyth in attendance, ensuring that SANDS is involved in shaping the Maternity Services in the Grampian area for the future. If the any parent has any feedback they would like taken to the committee, good and not so good, please email help@aberdeen-sands.org

SCOTTISH NETWORK DAY

This year the Network Day will be on the 12th May at the Stirling Court Hotel, University of Stirling. It is a great day with interesting speakers and it is good to meet bereaved parents from other groups in Scotland. If anyone is interested in going please email help@aberdeen-sands.org

FUNDRAISING

BAIRD FAMILY HOSPITAL AND FUNDRAISING REQUIRED.

We are still working closely with the project team with regard to the new Bereavement Annexe and how it will look. Fiona Donald, Sandra Stephen, Susan Forsyth and other members of the committee have been involved from the start of the planning process and we now wish to fundraise for the interior decor and furnishing of this project. Anyone wishing to fundraise for this please email help@aberdeen-sands.org and we can guide you how to get started.

Thank you to Gail Thomson and Anna Rist for keeping SANDS involved.

£460.65 raised by Rebecca Simpson and her parents Rachel and Grant in memory of Rebecca's brother Evan.

£355.00 raised by Chelsea Taylor and Fiona Rennie taking part in a skydive.

£455.00 raised by Sean Hamilton who took part in the Glasgow Men's 10k

£1000.00 raised by family and friends of Aimee Fowlie who took part in Tough Mudder Scotland 2016 in memory of Darcie.

£2180.00 raised by Debra Macdonald in memory of her granddaughter Cali. Cali's parents being Stacey and Reece.

£130.00 from Fiona Duncan in Peebles, collected at a family birthday party.

£902 raised at Alan Cadgers birthday party. Alan's wife Emma and friends participated in the Kiltwalk money in the process of being received by our group from Just Giving.

£4,805.50 from Matthew Thompson, Stuart Buchan and friends who took part in Tough Mudder Scotland asking for the monies to go to the new Bereavement Suite in the new Baird Family Hospital.

We still have money from fundraisers coming through to us shortly from National SANDS.

All the best to those who are undertaking fundraising over the next few months.....

DONATIONS



£650.00 from the Aberdeen Airport Staff Bonus Ball group. They selected Aberdeen SANDS as their charity, one of the employees Amanda Masson's niece Natasha Tomlinson and her partner David Law sadly lost their precious baby Freddie.

£317.63 from Shona Donald and her friends who walked the 'Walk Speyside' back in October.



£50.00 from Brian Robb at Thomas Yule Inventory Services Aberdeen, who decided to donate to SANDS in lieu of handing out Christmas gifts,

£20.00 from Louise Strachan in lieu of Christmas cards.

£50 donated from 'For Warranty Administration Services Ltd'.

£2000 from Shetland SANDS towards the new Bereavement Suite at the Baird Family Hospital when it is built.

£100 from Hoodles Playbarn at Inverurie where Laura Milne works. The money was given to her dad for the help he gave them in December.

£200.00 Shona Stanton who collected donations in lieu of gifts at her 50th Birthday Party

£1121.00 Robert Dawrant who was fundraising 2017 - Turning 40.

NEW ARRIVALS

Congratulation on the safe arrival of.....

Sorry mistake from last newsletter please show on this newsletter again.

Karen Elrick and Scott Forbes on the birth of Eithne born 16th May weighing 7lbs 4oz. Little SISTER NOT BROTHER to Hewie and the late Lola

Caroline and James Taylor on the birth of Jack Gordon Taylor on the 19th October weighing 5lbs 13oz. Little brother to William, Grace, Faith, and the late Hope.

Stacey and Reece on the birth of Elsie Cali Cooper on the 15th December weighing 7lb 2.5oz little sister for the late Cali.

Liina Roostoj and Olivier Verguth on the birth of Frederik Angus on the 25th November weighing 9lb 10.5oz . Little brother for the late Lilian Marie.

FORTHCOMING MEETINGS – All welcome

MEETINGS:

SHETLAND SANDS SUPPORT MEETINGS

For more information please telephone: 07341945028 or email shetlandsands@hotmail.com

MORAY SANDS

The Moray meetings are to be held at 7.30pm.

ABERDEEN SANDS

For details of the venues above please contact the helpline:

Thursday 1 st March	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 5 th April	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 3 rd May	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 7 th June	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 5 th July	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 2 nd August	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 6 th September	7.30pm -8.30pm	<u>AGM</u>	
	8.30pm -11pm	<u>Main Support Meeting</u>	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL

THE NEXT PREGNANCY GROUP:

The group will continue to meet monthly, and should you feel you want to go along to these meetings for some support, details are listed below:

Wednesday 14 th March	8pm- 11pm	Next Pregnancy Meeting	Julie Jamieson's home
Wednesday 18 th April	8pm- 11pm	Next Pregnancy Meeting	Natasha Hauzaree's home
Wednesday 15 th May	8pm- 11pm	Next Pregnancy Meeting	Sandra Stephen's home
Wednesday 20 th June	8pm- 11pm	Next Pregnancy Meeting	To be confirmed
Wednesday 18 th July	8pm- 11pm	Next Pregnancy Meeting	To be confirmed
Wednesday 15 th August	8pm- 11pm	Next Pregnancy Meeting	To be confirmed
