

**QUARTERLY NEWSLETTER: July/August 2018**

**NEWS**

**INTERNATIONAL DAY OF THE MIDWIFE AT RGU**

We were asked to host a stall at this annual event and a thank you goes to Jennifer Maitland, Natasha Hauzaree and Sandra Stephen for doing this for our group and raising awareness of the support we offer.



**INTERNATIONAL CONFERENCE ON STILLBIRTH, SIDS AND BABY SURVIVAL IN GLASGOW**

Fiona Donald and Sandra Stephen attended two days at this International event, with interesting talks about research and work which is actively undertaken around the world to reduce stillbirth rates and help babies survive. On the Thursday evening there was a lovely service in the St Mungos Cathedral.

**LADIES PARTY NIGHT FOR THE BEREAVEMENT SUITE IN THE BAIRD FAMILY HOSPITAL HELD AT THE ROX HOTEL.**

A big thank you to Sandra Stephen and her helpers Catherine Stewart and Jennifer Maitland and to all companies and people who donated/purchased raffles, sponsored tables or attended the event which helped raise a massive £4460.00. A big thank you to Adrienne and another lady from UNITE student accommodation in Aberdeen for their help.



**BAIRD FAMILY HOSPITAL BEREAVEMENT SUITE AND FUNDRAISING REQUIRED.**



We are still working closely with the project team with regard to the new Bereavement Annexe and how it will look. Fiona Donald, Sandra Stephen, Susan Forsyth and other members of the committee have been involved from the start of the planning process and we now wish to fundraise for the interior decor and furnishing of this project. Anyone wishing to fundraise for this please email [help@aberdeen-sands.org](mailto:help@aberdeen-sands.org) and we can guide you how to get started. We recently held a meeting to discuss what we might like the new bereavement suite to look like, lighting, atmosphere for example. Thank you to Gail Thomson and Anna Rist for keeping SANDS involved.

**CBUK PROFESSIONAL TRAINING**

We funded three professionals to attend the 'Supporting parents through pregnancy loss and death of a baby' course which was held in Aberdeen.



**Contact Persons**

CHAIRPERSON: Fiona Donald  
 SECRETARY: Susan Forsyth  
 TREASURER: Heather Robb  
 ANNIVERSARY CARDS: Pamela Styles  
 BEFRIENDER CO-ORDINATOR: Fiona Donald  
 RUBISLAW LIASON: Sandra Stephen  
 MEMORY POCKETS: Marjory Simpson  
 HELPLINE ROTA: Fiona Donald  
 WEBSITE: Sandra Stephen & Jennifer Maitland

## NEWS

### **RUBISLAW WARD AND ABERDEEN MATERNITY HOSPITAL**

We continue to replenish items to the Rubislaw Ward that they require. A bereaved parent who is also an anaesthetist consultant at NHS GRAMPIAN requested 2 I-PADS and covers which we funded. These are potentially lifesaving as they speed up the patient consent process in the theatres of the Maternity Hospital, especially in an emergency situation.



### **MATERNITY LIASON COMMITTEE**

The committee continues to meet with Fiona Donald and Susan Forsyth in attendance, ensuring that SANDS is involved in shaping the Maternity Services in the Grampian area for the future. If any parent has any feedback they would like taken to the committee, good and not so good, please email [help@aberdeen-sands.org](mailto:help@aberdeen-sands.org).

Fiona has attended the Badgernet Local User Group meetings. Badgernet computer system holds maternity notes, superseding the old handheld patient notes and we have worked with the team to make sure that the electronic sticker is easily and quickly recognised by professionals using the system.

### **BETLE DRIVE IN AID OF THE BEREAVEMENT SUITE AT THE BAIRD FAMILY HOSPITAL.**

A big thank you to all who attended the Beetle Drive we raised a record £1302.15. Thanks also to those who sold/ bought squares sheets for the tropics beauty products, who donated/bought raffles, for kind donations, who brought lots of lovely home bakes. Thanks to those who helped set up or helped on the night, it was a fun night, with well over 100 people attending.

### **HAZLEHEAD BABY GARDEN**

The roses in the garden area have not thrived over the last few years so we have donated money towards new planting in the central area around the stone. Look forward to lovely flowers blooming soon.

### **BEREAVEMENT TRAINING FOR PROFESSIONALS**

Thank you to Sandra for raising awareness of our group and for Catherine Stewart for sharing her precious Molly's story at the training back in February.

### **BEREAVEMENT TRAINING TO STUDENT MIDWIVES AT RGU**

Thank you to Sandra for raising awareness of our group and to Susan Masser for sharing her precious Harrison's story to the third year student midwives.

## Events

### **NATIONAL SANDS AGM**

This year the National SANDS AGM is in Glasgow on the 17<sup>th</sup> of November. The AGM part only lasts about 30 minutes and the rest of the day will have workshops and interesting speakers. It is also a good chance to speak to other bereaved parents from around the United Kingdom. Some of our group are hoping to attend so if you are interested in attending please email [help@aberdeen-sands.org](mailto:help@aberdeen-sands.org)

### **BEFRIENDER TRAINING**

There is to be a Befriender Training course in Scotland on the 8th and 9th September. Our group is always looking for befrienders to support newly bereaved parents by telephone at support meetings or in their homes. If you are interested please email [help@aberdeen-sands.org](mailto:help@aberdeen-sands.org) for more information.

## FUNDRAISING

£1122.00 from Shona Christie who took part in a skydive

£245.00 from Carol Scott who took part in the Kiltwalk Aberdeen 2017.

£161.00 from Kathleen Paterson who took part in the Kiltwalk Aberdeen 2017.

£1820.00 from Emma Cadger who took part in the Kiltwalk Aberdeen 2017.



£810.00 from Maggie Leitch Craig who took part in the Kiltwalk Aberdeen 2017.

£630.00 from Leanne Dingwall who took part in the Kiltwalk Aberdeen 2017.

£679.00 from Jemma Mackay who took part in the Kiltwalk Aberdeen 2017.  
£154.00 from Isobel Abel who took part in the Kiltwalk Aberdeen 2017.

£3155.00 raised by Laura Buchan, Jacqui Walker, Jenna Sopol, Jennifer Copland, Qin Sim and Tracy Neilly who took part in the Glack Attack in 2017.



£3515.90 with gift aid £3558.90 raised by Rachel Brechin, Gayle George, Gillian Stephen, and Lyndsay Leslie who took part in the 2017 Great Aberdeen Run in memory of Gayle's precious baby Luke



Isla Stephen sold £100.00 of hot chocolate snow men and raised money and purchased teddy blankets for Rubislaw Ward.

Isla Stephen put a collection tin out at school and took part in mini olympics and raised £23.00 to go to the Baird Family Hospital, daughter of Davie and Sandra Stephen.

£38.75 raised by Jennifer Watt who took part in the Coastal Challenge.

£3600.00 raised by Will Talbot who took part in Illuminator Night Trail Half Marathon, in memory of his precious baby Cameron. £400.00 donation from Subsea 7 is added to Will Talbot's total.



£2848.00 from Nikki Hector and her family. They held a pub quiz night in memory of their precious son Baby Hector. The quiz raised £2550.00 and Kerri McNaught ran the Inverness Half marathon to add to the total and set up a Justgiving page which is still to come to our group and to go towards the bereavement suite at the new Baird

Family Hospital.

£1925.50 from Aberdeen Bar Association Annual Dinner 11th May 2018 raised money for the Baird Family Hospital Bereavement Suite. They represent solicitors and paralegal members who practice in the field of litigation in the Aberdeen area. This year the committee selected SANDS as it has special significance to members of their association. This year they raised £1925.50. They would like to thank SANDS for the work they do in Aberdeen and wish us luck in raising the target figure.

£3087.00 from Ginny O'Rourke who took part in the Kiltwalk Aberdeen 2017 in memory of Leo her precious boy.



Adam Fraser captained his team to win the annual work world cup football tournament and the prize was a charity donation £1000.00 from Nexen, so Adam kindly choose the monies to go to the Baird Hospital Bereavement suite just giving page.



£664.00 from Kay Mennie who took part in a skydive.

***All the best to those who are undertaking fundraising over the next few months.....***

## DONATIONS

£768.15 from Wendy Mutch, which she raised at her 50th birthday party in memory of her granddaughter Phoebe Mutch. Daughter of Danielle and Gary.



£300.00 in donations given to Emma Cadger

£699.40 donated in memory of Quinn Louise from Emma Cooper and her family and friends.

£5000.00 from ICCM.

£72.66 from student midwives from RGU Bake sale at Aberdeen Maternity Hospital.

£40.00 from Rosemary and Bob Fraser and family for Gemma and Sarah Donald's birthdays, babies of Fiona and George Donald.

£500.00 from Ross and Liddell community bursary scheme for the new bereavement suite in the Baird Family Hospital.



£303.48 donated by Malcom Collie raised money in memory of Amy Collie daughter of Keith and Jodie with help from the Mathers Family and BA Working Weekend.

## NEW ARRIVALS

### ***Congratulation on the safe arrival of.....***

Daniel Andrew Hunter born on 12<sup>th</sup> April weighing 8lbs 12 oz to Barry and Claire. Little brother to Abigail Grace and the late Cameron.

Alfie John Pottinger born on 19<sup>th</sup> February weighing 9lb to Marie Manson and Steve Pottinger from Shetland. Little brother to Rona, William, Maggie and the late Kieran.

Henry Crockett Taylor born 20<sup>th</sup> February weighing 7lb 9oz to Rachel and Steve Taylor little brother to Finn, Oliver and the late Archie.

Ashton Stuart Daniel Johnston born on 1<sup>st</sup> April weighing 4lb 3 and Tyler Edward Kris Johnston 4lb 10 to Hayley and Greg. Little brothers to Rhys and the late baby Poppy.

**MEETINGS:**

**SHETLAND SANDS SUPPORT MEETINGS**

For more information please telephone: 07341945028 or email shetlandsands@hotmail.com

**MORAY SANDS**

Wednesday 22 <sup>th</sup> Aug	7.30pm	Ugie House hotel Keith
Wednesday 19 <sup>th</sup> Sept	7.30pm	Elgin Community Centre
Wednesday 24 <sup>th</sup> Oct	7.30pm	Ugie House hotel Keith
Wednesday 21 <sup>st</sup> Nov	7.30pm	Elgin Community Centre

**ABERDEEN SANDS**

For details of the venues above please contact the helpline:

Thursday 6 <sup>th</sup> Sept.	7.30pm -8.30pm	<b>AGM</b>	
	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 4 <sup>th</sup> Oct	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 1 <sup>st</sup> Nov	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 6 <sup>th</sup> Dec	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 10 <sup>th</sup> Jan	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL

**THE NEXT PREGNANCY GROUP:**

The group will continue to meet monthly, and should you feel you want to go along to these meetings for some support, details are listed below:

Wednesday 19 <sup>th</sup> Sept	8pm- 11pm	Next Pregnancy Meeting	Julie Jamieson's home
Wednesday 17 <sup>th</sup> Oct	8pm- 11pm	Next Pregnancy Meeting	TBC
Wednesday 14 <sup>th</sup> May	8pm- 11pm	Next Pregnancy Meeting	Jennifer Maitland's home
Wednesday 19 <sup>th</sup> Dec	8pm- 11pm	Next Pregnancy Meeting	Natasha Hauzaree's home
Wednesday 18 <sup>th</sup> Jan	8pm- 11pm	Next Pregnancy Meeting	To Sandra Stephen's home

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