

NEWSLETTER: October 2019

NEWS

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MAIN SUPPORT MEETING VENUES

We would like to thank the Sportsman's Club for the use of their premises for our monthly support meetings. The room we have is suitable, and parking is easy.

ABERDEEN SANDS AGM

This was well attended and we would like to welcome Aimee to the committee. Our benches and planters at our Hazlehead Baby Garden require staining and varnishing if this is something you could help us with please get in touch.

P & J LIVE

Baird Family Hospital and Aberdeen SANDS are thrilled and chuffed that they WON the Celebrate Award for Corporate Partnership at the final at P and J Live. Gail and Fiona faced a panel of judges asking about their working together on the planning and designing of the new Bereavement Suite in the new hospital.



AFTERNOON TEA IN AID OF SANDS MACLEOD HOUSE



We had a great Afternoon Tea at this sold out event and a big thank you to Trump International for hosting this in their lovely venue, to Jamie King Macarthur as Master of Ceremonies and to Sandra, Jen M and Catherine for organising such a great afternoon. There was a fashion show by Catwalkers, a Pamper Tree, a number of stalls and a silent auction. We raised £4583.50

NEWS

BAIRD FAMILY HOSPITAL BEREAVEMENT SUITE .



As a result of working closely with the Baird Family Hospital team with the planning and design of bereavement suite in the new hospital, the Baird project team got the exciting news that they had been selected to present a poster on this partnership at the prestigious NHS Scotland Event 2019 at the SEC, Glasgow! The theme of the event this year was 'Working together, improving outcomes' so it couldn't be a better fit. The poster got through to the final, it wasn't the winning poster but thank you for raising awareness of SANDS and involving us in the project.



MORAY GARDEN

We were sorry that the Moray Garden opening was postponed until a more suitable location is found.

RUBISLAW WARD AND ABERDEEN MATERNITY HOSPITAL

We continue to support the Rubislaw Ward with items such as memory boxes, memory pockets, toiletry bags, sd cards, patient line cards, photograph albums, keyrings, etc.

BEREAVEMENT TRAINING FOR PROFESSIONALS.

Thank you to Susan M, Laura, Jennifer Y, Jennifer M and Catherine for helping at a recent bereavement training sessions, to professionals and Health Visitors by telling the story of her precious baby and thank you to Sandra for coordinating the sessions. If anyone would like to do this in the future please email help@aberdeen-sands.org.

Thank you to the South Aberdeenshire health visitor team, for inviting us to come and talk about the support we offer bereaved families

MATERNITY VOICES PARTNERSHIP (formerly Maternity Services Liaison Committee)

The committee continues to meet with Fiona and Susan in attendance, ensuring that SANDS is involved in shaping the Maternity Services in the Grampian area for the future. If the any parent has any feedback they would like taken to the MVP committee, good and not so good, please email help@aberdeen-sands.org.

HAZLEHEAD BABY GARDEN

Thank you to Kevin and Rhiannon for tidying up and trimming the trees in the planters in the Baby Garden. It is greatly appreciated.

YOUTH PHILANTHROPY INITIATIVE (YPI) BUCKSBURN ACADEMY.

Well done and thank you to the pupils for choosing Aberdeen SANDS as their charity for YPI for getting through to the final. Sorry you didn't win you did in our eyes, you were great and thank you for raising awareness of the support we offer parents.

YOUTH PHILANTHROPY INITIATIVE KEITH GRAMMAR

Thank you to the three pupils who selected Aberdeen SANDS as their charity for their YPI presentation. A big thank you to the girls for raising awareness of our group.

ST COLUMBUS CHURCH OF SCOTLAND BRIDGE OF DON

Thank you for the invitation to talk about Aberdeen SANDS and its involvement in the Baird Family Hospital Bereavement Suite, at your monthly coffee morning. It was well attended and the refreshments were delicious.

RAINBOW GARDEN FOR THOSE AFFECTED BY PAST PRACTICES OF ABERDEEN CREMATORIUM



NEWS Cont....

The garden opened to the public in June, it was planned and designed by a working group, which included parents who were affected.

CELEBRATE MARCH DOWN UNION STREET AUGUST 2019.



A big thank you to all who took part in this march down Union Street. A great way of raising awareness with some light refreshments for the walkers at the end. Thank you Sandra for coordinating this.

ANNIVERSARY CARDS

Should you wish a card on the anniversary of your baby's death, please send your name, address, along with your baby's name and date of passing to help@aberdeen-sands.org. Please be assured that under GDPR rules your details will be stored securely and not passed on to anyone else.

FUNDRAISING

BAKER HUGHES 10K

A big thank you to the 14 runners who took part for SANDS at the 10K and for those who supported and donated to their Just Giving page. They raised an amazing £4184.89. Thank also Sandra for coordinating the runners and the refreshments afterwards.



£5393.33 raised at the Banchory Beast Race by Lea and Greig in memory of Oscar Alexander donated to the Rubislaw Ward for scanning training by Obstetricians.

£1200.00 raised by Emily who organised a family Fun Day at 'The Paddock' in Portlethen in memory of the late Pippa.



ANNUAL ABERDEEN SANDS BEETLE DRIVE

We held our Beetle Drive which was very well attended and we raised £1311.75. A big thank you to all who attended, purchased raffles, donated raffle prizes, brought home bakes and helped set up/clear up.

KILTWALK ABERDEEN

Thank you and well done to those who took part in the Kiltwalk events for SANDS Scotland.

All the best to those who are undertaking fundraising over the next few months.....

DONATIONS

£40.00 from Rosemary Bob and family for Gemma and Sarah's birthday.

£1306.95 from Natasha's Fun Day in memory for 'Angel' on her 10th Birthday

£500.00 donated from Striders Coffee Shop in Bridge of Don, a share of their profit from sales over the last year.

£300.00 from a Dorothy & Stuart who donated the money in memory of their late baby Neil who was born on 23rd Sept 1988. To mark his 30th birthday they wanted to donate this money towards the bereavement suite.

£215.00 raised by a friend of Davie and Sandra, David C who had a 60th birthday party and instead of presents wanted donations to SANDS.

£1200.00 received from Susan B which was a collection with a top up from both sets of parents at her daughter Kiana and Darren's wedding, in memory of Kiana's late brother Daniel.

£20.00 FROM Claire Hunter who sold a prep machine and donated the proceeds.

£2100.00 including gift aid from Gillian and Alan in lieu of wedding gifts.

£600.00 from the family and friends of Samantha and Ryan from a silent auction in memory of their precious Alfie, which took place at an Afternoon Tea.

£167.41 raised by Keith Grammar School who took part in a Walk of Remembrance for SANDS Day.

£2000.00 from Accura Measurement Ltd.

£130.00 thank you to Lisa for selling the Spree books and to all who purchased one

EVENTS

SANDS AWARENESS MONTH- #FINDING THE WORDS

SANDS this year was asking local groups to reach out to Dad's, Grandad's Siblings so we held a football hour of fun in June at GOALS at Garthdee followed by refreshments. Those who attended enjoyed the get together.

SCOTTISH STEERING GROUP

The Scottish Steering group still meets either in Glasgow or by conference call every two months or so, where members of all the Scottish groups come together, to look at how best to support bereaved parents and improve bereavement care throughout Scotland.

SCOTTISH NETWORK DAY

Fiona attended the Scottish Network Day in Troon, Ayr where a Dad Michael told the story of his precious baby, professionals from Ayrshire Maternity Unit and we met with other bereaved parents from around Scotland. Lovely venue and lovely but emotional day.

NEW ARRIVALS

Congratulation on the safe arrival of.....

Cara Heather born 31st July to Ruth and Kevin weighing , 8lb 6 ¾ little sister to Frankie and the late Aidan.

Sebastian born 12th November to Lea and Greig weighing 3lb 14oz little brother to the late Oscar.

MEETINGS:

SHETLAND SANDS SUPPORT MEETINGS

For more information please telephone: 07341945028 or email shetlandsands@hotmail.com

MORAY SANDS

Wednesday 16 th Oct	7.30pm	Ugie House hotel Keith
Wednesday 20 th Nov	7.30pm	Elgin Community Centre
Wednesday 18 th Dec	7.30pm	Ugie House hotel Keith

ABERDEEN SANDS

For details of the venues above please contact the helpline:

Thursday 3 rd Oct	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 7 th Nov	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 5 th Dec	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 9 th Jan	8pm- 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 6 th Feb	8pm – 11pm	Main support meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL

THE NEXT PREGNANCY GROUP:

The group will continue to meet monthly, and should you feel you want to go along to these meetings for some support, details are listed below:

Wednesday 16 th Oct	8pm- 11pm	Next Pregnancy Meeting	Debbie 's home
Wednesday 20 th Nov	8pm- 11pm	Next Pregnancy Meeting	TBC
Wednesday 18 th Dec	8pm- 11pm	Next Pregnancy Meeting	Natasha's home
Wednesday 22 nd Jan	8pm- 11pm	Next Pregnancy Meeting	TBC
Wednesday 19 th Feb	8pm- 11pm	Next Pregnancy Meeting	Jennifer M's home
